



Rahul Bansal, MD

FOUNDER & CEO, MINDWEAL HEALTH
BOARD-CERTIFIED CHILD & ADOLESCENT
PSYCHIATRIST



Education & Graduate Medical Training

Fellowship – Child & Adolescent Psychiatry

University of Michigan Health System
Ann Arbor, Michigan

Residency – General Psychiatry

Wayne State University School of Medicine
& Detroit Medical Center
Detroit, Michigan

Doctor of Medicine (MBBS)

University College of Medical Sciences
Delhi, India



Clinical Experience

Dr. Bansal's clinical background includes leadership and direct patient care roles across diverse healthcare environments, including:

● **Founder, CEO & Medical Director, MindWeal Health**

● **Founder & Medical Director, BanCAPs (Outpatient Pediatric Psychiatry Practice)**

● **Staff Psychiatrist, Gateway Regional Medical Center**

● **Staff Psychiatrist, Mercy Pediatric Neurology & Psychiatry Center**

His experience spans child, adolescent, and adult psychiatry across inpatient, outpatient, consultative, and crisis care settings.



Board Certification & Licensure

Board Certified by the American Board of Psychiatry & Neurology in:

● **General Psychiatry**

● **Child & Adolescent Psychiatry**

Licensed to practice medicine in multiple U.S. states.



Professional Overview

Founder & CEO, MindWeal Health Dr. Rahul Bansal is a board-certified Child & Adolescent Psychiatrist with fellowship training from the University of Michigan and over a decade of clinical experience across academic medical centers, inpatient psychiatry units, outpatient clinics, and crisis programs.

Throughout his career, Dr. Bansal has evaluated and treated thousands of children and adolescents across diverse clinical settings. His work has emphasized diagnostic precision, thoughtful treatment planning, and coordinated, evidence-based care that supports families over time.



Founder & Leadership – MindWeal Health

Dr. Bansal is the Founder and CEO of MindWeal Health, a pediatric psychiatry platform designed to deliver comprehensive, structured, and measurement-based mental healthcare for children and adolescents.

MindWeal was created in response to longstanding challenges in pediatric mental health delivery, including fragmented evaluations, limited diagnostic depth, inconsistent follow-up, and poor coordination across providers. Under Dr. Bansal's leadership, the organization emphasizes:

- ✓ Systematic and comprehensive psychiatric assessment
- ✓ Diagnostic precision and clinical clarity
- ✓ Collaborative treatment planning with families
- ✓ Collaborative structured longitudinal symptom tracking and treatment planning with families
- ✓ Consistent provider training and workflow standardization

His work centers on building durable systems that improve access while maintaining clinical rigor.



Research & Academic Contributions

Dr. Bansal has contributed to peer-reviewed neuroimaging research in autism and schizophrenia, with publications cited more than 500 times in academic literature.

His work has appeared in:

- ✓ Psychiatry Research: Neuroimaging
- ✓ Journal of Autism and Developmental Disorders
- ✓ Journal of Child Neurology

He has also served as a peer reviewer for multiple academic psychiatry journals.



National Recognition & Media Features

Dr. Bansal's work in advancing structured pediatric psychiatric diagnosis and system-based care delivery has been featured in:

- ✓ Reuters
- ✓ Chicago Tribune
- ✓ Business Insider
- ✓ International Business Times

He has also provided expert commentary on child and adolescent mental health topics in The Epoch Times.



Professional Philosophy

Dr. Bansal believes that effective pediatric mental healthcare requires diagnostic precision, coordinated treatment planning, and sustained partnership with families. His work focuses on building systems that provide clarity, structure, and continuity of care.